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| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Mon | Tue | Wed | Thurs | Fri | Sat | Sun |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| *Morning* |  |  |  |  |  |  |  |
| 9-10 | Art Group |  | Art Group | Art Group |  |  |  |
| 10-11 | Art Group/ Yoga (Outside) |  | Art Group | Art Group |  |  |  |
| 11-12 | Art Group |  | Art Group | Art Group |  |  |  |
|  |  |  |  |  |  |  |  |
| *Afternoon* |  |  |  |  |  |  |  |
| 12-1 |  | Refreshments social | Refreshments social / Post Office |  | Refreshments social |  |  |
| 1-2 |  |  | Post Office |  |  |  |  |
| 2-3 |  |  |  |  |  |  |  |
| 3-4 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| *Evening* |  |  |  |  |  |  |  |
| 4-5 |  |  |  |  |  |  |  |
| 5-6 |  |  |  |  |  |  |  |
| 6-7 | Yoga |  |  |  |  |  |  |
| 7-8 |  |  |  |  |  |  |  |
| 8-9 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |